

2022 Utah Trauma Academy Training Provided by Gabriella Grant, M.A. California Center of Excellence for Trauma-Informed Care And Guest Presenters

May 9 - 13, 2022

The Utah State Division of Substance Abuse and Mental Health is pleased to announce that the Utah Trauma Academy will be held May 9 - 13, 2022 through Zoom. Participants will receive the Zoom link a few weeks prior to this event.

The 2022 Utah Virtual Trauma Academy is based on the Victims Academy developed by the Office of Victims of Crime at the Department of Justice, which is a professional development certificate program. Gabriella Grant, Director for the Center of Excellent for Trauma Informed Care, is the developer and facilitator for this event.

The theoretical and evidence basis for this initiative is:

- **Trauma-informed:** Acknowledging the impact of trauma broadly, training all staff on its effects, and focusing program design on the three phases of trauma recovery by Dr. J. Herman.
- **Neuro-sequential:** Based on the model developed by Dr. B. Perry, the phylogenetic development of the brain, the unique effects on specific parts of the brain and related behavioral and interpersonal issues will be understood and used to develop program design and policies and procedures, including rules.
- **Safety-focused:** deep organizational commitment to increasing physical and emotional safety, including autonomy of choice, will be the primary intervention, measure of success and modality of engagement.
- **Culturally aware:** Through empowerment and choice, services will be developed to allow for personal meanings and goals to guide treatment development and success.-
- **Peer-based empowerment:** Lived experience and consumer voice will be prioritized. Engagement of peers to identify practices that are harmful, counterproductive and costly will be a strong focus.



Training Logistics

Cost / Registration

The cost for the training is \$70.00. Registration will be done through Eventbrite.

Continuing Education Credits

There will be 26.75 hours of continuing education credits provided.

Agenda and Training Hand-Outs

Hand-outs will be provided electronically to participants through e-mail and will be available on the Utah State Division of Substance Abuse and Mental Health website.

Participant Agreement

Participants of the 2022 Utah Virtual Trauma Academy will be required to commit to the following agreement in order to receive their CEU Certificate at the end of this event:

- 1. Attend all five days of the 2022 Utah Virtual Trauma Academy May 9 13, 2022.
- 2. Complete all assigned homework each day.
- 3. Complete the pre and post comprehension test on key concepts for the Utah Trauma Academy, which will be sent to participants a week before the event and after the event has finished.
- 4. Complete the follow up survey 3 months after the event.
- 5. Complete the final evaluation form after the event has finished (no later than May 24, 2022).

We are looking forward to seeing you at the 2022 Utah Virtual Trauma Academy!